



INTERNATIONAL DIABETES & OBESITY CONFERENCE

IN COLLABORATION WITH
PRIME HEALTH GROUP PHG

Association des endocrinologues
et diabétiques du centre Tunisien
(ASEDIAC)



 Le Méridien Dubai Hotel
Airport road
Dubai, UAE

— International —
Diabetes & Obesity
— Conference —

31 May – 01 June 2024
Dubai, UAE

<http://www.idoconference.com> 

WELCOME MESSAGE



DR. IHAB EL TAYEB
President of the Conference

Dear Colleagues,

On behalf of the Organizing Committee, we are delighted to welcome you to 2nd International Diabetes and Obesity Conference (IDOC) on 31st May - 01st June 2024, Dubai ,UAE. The motto of the summit (From Illness to Wellness in diabetes and obesity care).

We invite you to be a part of IDOC – the leading international forum – where clinicians, diabetes and obesity care providers, researchers, industries, and regulators, assemble with the goal of improving the care of people with diabetes and obesity at the fastest possible pace.

Presentations and discussions will be given by many distinguished professionals in the field will be ample time to interact with faculty and industry partners in the field.

The conference will be held with the cooperation of Prime Healthcare Group one of the leaders in the health care industry in UAE.

IDOC promises to be an outstanding event and we will be happy to meet you in the magnificent city of Dubai, UAE.

Yours Sincerely,

Dr. Ihab El Tayeb
President of the Conference
Endocrinology Consultant Prime Hospital,
Professor and Doctorate Degree of
Endocrinology Al Azhar University, Egypt.
Master degree of obesity Management,
South Wales University, UK

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DR. IHAB EL TAYEB

President of the Conference

Endocrinology Consultant, Prime Hospital, Dubai, UAE
Professor and Doctorate Degree of Endocrinology Al Azhar University, Egypt. Master degree of obesity Management, South Wales University, UK



DR. ADEL ALSISI

President of the Conference

Consultant Intensivist- DHA.
Head of ICU department, Prime hospital, Dubai, JAE.
CMO Prime Healthcare Group.

CONFERENCE PRESIDENTS

SCIENTIFIC COMMITTEE



DR. RAFIA OWERA

Specialist Pediatric, Medical Director Prime Medical Center Jumeirah, Syrian Board



DR. ANIL KUMAR

Consultant Endocrinologist & Diabetologist Chair of Medicine, Prime Hospital, Dubai.



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Specialist of Internal Medicine, Prime Health Group



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Dermatologist at Prime Hospital



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Associate Professor of Medicine at the division of Endocrinology and diabetology, Medical University of Graz ,Graz, Austria.



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consultant dermatologist Medical Director , prime mizhar clinic Dubai , UAE



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Consultant of obstetric and gynecology Prime Hospital , dubai , UAE



DR. ZARA SATER

Endocrinologist and Obesity Specialist. Associate Professor Of Medicine Florida state university Founder and medical director Of VIP Health LLC DrZclinic, Florida, USA.

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TOPICS

- Diabetes Pandemic
- Diabetes insipidus
- Diabetes and technology
- thyroid nodules
- Diabetic kidney diseases
- Atypical Diabetes
- Emerging therapy in obesity
- Precocious puberty
- Advance in pharmacotherapy of type 2 diabetes
- Acromegaly
- Renaming diabetes insipidus
- Cushing disease , hyperaldosteronism
- Updates in osteoporosis management
- check point inhibitors and endocrine diseases
- Precision medicine
- Pharmacotherapy for obesity
- Diabetes remission
- Endocrine grand round

ORGANIZING COMMITTEE



DR. ADEL ALSISI

Consultant Intensivist- DHA.
Head of ICU department, Prime
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DR. AHMED SALAH

Director – Corporate Medical
Services



MR. JALEEL RAHIMAN

Information Technology Director

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SPEAKERS & MODERATORS

ALPHABETICAL



DR. ABDUL JABBAR

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Consultant Internal Medicine –Endocrinologist
Medcare Multispeciality Hospital, Dubai
Adjunct Associate Professor , Mohammed Bin
Rashid University
Dubai, UAE



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Head Of ICU department, prime
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DR. AHMED NEGM

Consultant Rheumatologist
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Associate Professor
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DR. ALI ALDIBBIAT

MD PHD
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Adjunct Associate Professor of Endocrinology ,
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DR. AMRISH AGRAWAL

FRCP(Glasg.), MRCP(UK), FCSI, MD(Med),
DM(Cardio.)
Senior cardiology consultant
Head of Cardiology department
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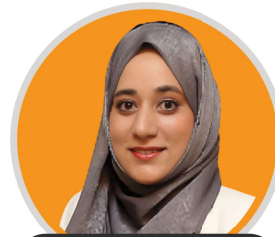
DR. ANIL KUMAR

Consultant Endocrinologist &
Diabetologist Chair of Medicine, Prime
Hospital, Dubai.



DR. APSIA RUHI

SPECIALIST ENDOCRINOLOGIST.
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MD/DM (endocrinology)
KNR University of Health Sciences, INDIA.



DR. ASIYA NABI

Assistant Medical Director & General
Practitioner at Prime Healthcare Group.
Dubai, UAE



DR. ASWIN PANAKAJAKSHAN

Specialist Endocrinologist
Head of Endocrinology department
NMC Royal hospital , DIB

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ALPHABETICAL



DR. BACHAR NEAMAT

Specialist Endocrinologist
Jordan Board of Endocrinology and Diabetes
UK Specialty Certificate in Endocrinology.
Saudi German Hospital, Dubai, UAE.



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Endocrinologist and diabetologist
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Endocrinology / Diabetology Medical Faculty
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DR. DOAA ELWASLY

Lecturer of Internal Medicine and
Nephrology at Ain shams University
Hospitals Cairo, Egypt Specialist Internal
Medicine at Ajman specialty general
hospital



DR. EL ELAMIN ABDELGADIR

Endocrinologist At Dubai hospital
Dubai Health Authority
Dubai, UAE



DR. HAITHAM SAWALMEH

Consultant General and bariatric
surgeon
Prime Hospital, Dubai, UAE
Jordanian board in general surgery



DR. HALA YAMOUT

Triple American board Consultant
Nephrologist
Clemenceau Medical center (CMC)
Dubai, UAE



PROF. HASSAN EL-TAMIMI

MD, FESC, FACC
Professor of Cardiovascular Medicine
Mohammed Bin Rashid University of Medicine and
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Head, Cardiology Department
Mediclinic Parkview Hospital, Dubai, UAE



DR. IDREES MUBARIK

MBBS.MD.DM (Endocrinology)
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DR. IHAB EL TAYEB

Endocrinology consultant, prime hospital
Professor, Doctorate of Endocrinology
Al Azhar University, Egypt,
Master's Degree of Obesity Management
South Wales University, UK.

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DR. IRYNA SHATOKHINA

Endocrinologist at Medcare Women
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Ukrainian board of Endocrinology.



DR. JULIA MADER

Associate Professor of Medicine at the
Division of endocrinology and
diabetology
Medical university of Graz, Graz, Austria



DR. JYOTHISH GEORGE

Consultant dermatologist. Prime hospital.
Director of Prime Home Care services
Dubai, UAE



DR. LAYLA AL SHAHRABANI

Consultant of Internal
Medicine & Diabetes
Prime health group, Mizhar clinic,
Dubai, UAE



PROF. MAHIR KHALIL JALLO

Clinical Professor of Medicine & senior
consultant - internal medicine - Diabetes &
Endocrinology
Gulf Medical University & Thumbay
University Hospital - UAE



DR. MUSTAFA ALQASI

Consultant Pediatric Endocrinologist
MAMC



DR. NANDU THALLANGE

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Al Jalila Hospital,
Dubai, UAE.



DR. OLGA FEDOROVA

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Russian Medical Academy for
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PhD, Endocrinology
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DR. OSSAMA BARAKAT

Consultant endocrinologist
(MD/MRCP/FRCP/CCST UK)
Burjeel Day Surgery Center
Abu Dhabi, UAE.

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SPEAKERS & MODERATORS

ALPHABETICAL



DR. PARDEEP KRISHNAN

Consultant nephrology Sheik Khalifa
Medical City (SKMCA) ,
Ajman, UAE



DR. RABAH ELBAHNASAWY

Specialist internal medicine
Head of the internal medicine department
Emirates Specialty Hospital
Dubai, UAE



DR. RAFIA OWERA

Specialist Pediatric, Medical director
Prime Medical Center, Jumeirah
Syrian Board



DR. RAHILA BHATTI

Consultant Endocrinologist
Adjunct clinical assistant professor of
endocrinology
AT MBRU& University of sharjah
Genesis Health Care Center



DR. SARAH ALAM

Specialist Endocrinologist
DM Endocrinology (AIIMS, New Delhi)
Canadian Specialist Hospital(CSH) ,
Dubai , UAE



**DR. SATENDRA KUMAR
MULTANI**

Consultant Endocrinologist &
Diabetologist,
Prime Medical Center Reef Mall &
Burjuman, Dubai.



DR. SUNDAR KUMAR

Consultant interventional cardiologist
Prime Hospital, Dubai , UAE .
MD/DM Sri Jayadeva Institute of Cardiovascular
Disease, India
Fellowship in interventional cardiology at the
Institut Cardiovasculaire Paris Sud (ICPS) , France



DR. YOSRA HASNI

Associate professor in Endocrinology at
the Faculty of Medicine of Sousse
Secretary General of the Association of
endocrinologist and diabetologist of the
Tunisian Center. Tunisia.



DR. ZARA SATER

Endocrinologist and Obesity Specialist.
Associate Professor Of Medicine
Florida state university
Founder and medical director Of VIP Health LLC
DrZclinic, Florida, USA.

DAY 1 OPENING CEREMONY



08:30 - 08:45

Registration

08:45 - 09:00

Opening remarks *Dr. Ihab El Tayeb*

SESSION (1)

(09 AM Till 11:25 AM)

Moderators

Prof. Mahir Khalil Jallo , Dr. Layla Al Shahrabani , Dr. Jyothish George

09:00 - 09:20

Diabesity, the largest epidemic in history ? *Dr. Adel Al Sisi*

09:20 - 09:40

Earlier intervention and expanding treatment options: can oral semaglutide bring the change ? *Dr. Satendra Kumar Multani*

09:40 - 10:00

How much technology is needed in type 2 diabetes? *Dr. Julia Mader*

10:00 - 10:30

Ceremony

10:30 - 10:50

Falak Tayyeb : a new ecosystem of support for diabetic Patients. *Dr. Asiya Nabi*

10:50 - 11:10

A new Era in the management of CKD and the role of Dapagliflozin
Dr. Pardeep Krishnan

11:10 - 11:25

Panel discussion

11:25 - 11:35

Coffee break

SESSION (2)

(11:40 AM till 01:00 PM)

Moderators

Dr. Satendra Kumar, Dr. Julia Mader, Dr. Belma Buturovic

11:40 - 12:00

Evolving Role of Finerenone in the Management of CKD in T2 D
Dr. Ossama Barakat

12:00 - 12:20

PCSK9 inhibitors a game changer in dyslipidemia management. *Prof. Hassan El-Tamimi*

12:20 - 12:40

Oral dpp4 inhibitors is hype or hope ? *Dr. Anil kumar*

12:40 - 01:00

Panel discussion

01:00 - 02:30

Friday prayer and lunch

SESSION (3)

(02:30 PM till 03:40 PM)

Moderators

Dr. Rabah Elbahnasawy, Dr. Ali Aldibbiat

02:30 - 02:50

Turkish pharmaceutical industry by ABDI IBRAHIM *Dr. Reda Ezeldin*

02:50 - 03:10

Pitavastatin: A comprehensive approach in the management of Dyslipidemia patients *Dr. Amrisha Agrawal*

03:10 - 03:30

Automated insulin delivery How to choose the right system? *Dr. Julia Mader*

03:30 - 03:40

Panel discussion

SESSION (4)

(03:40 PM till 05:15 PM)

- Moderators** *Dr. Rafia Owera, Dr. Zara Sater*
- 03:40 - 04:00** Approach to patients with atypical diabetes. **Dr. Nandou Thalange**
- 04:00 - 04:20** Case presentation in pediatric dyslipidemia. **Dr. Nandou Thalange**
- 04:20 - 04:40** Central Precocious puberty: revisiting the diagnosis and therapeutic management. **Dr. Mustafa Alqasi**
- 04:40 - 05:00** A Nephrologist Perspective on Obesity: From Kidney Injury to Clinical Management. **Dr. Hala Yamout**
- 05:00 - 05:15** Panel discussion
- 05:15** **Closing First day**

SECOND DAY



SESSION (1)

(09:00 AM till 10:55 AM)

- Moderators** *Dr. Sarah Alam, Dr. Aswin Panakajakshan*
- 09:00 - 09:20** Normo calcemic hyperparathyroidism **Dr. Bachar Neamat**
- 09:20 - 09:40** Checkpoint inhibitors and endocrine diseases **Dr. Olga Fedorova**
- 09:40 - 10:00** Diagnosis and Management of Thyroid nodules **Dr. Belma Buturovic**
- 10:00 - 10:20** Diabetes remission utopia or reality ?? **Prof. Mahir Khalil Jallo**
- 10:20 - 10:40** Tirzepatide approved for weight weight loss **Dr. Anil kumar**
- 10:40 - 10:55** Panel discussion
- 10:55 - 11:05** **Coffee break**

SESSION (2)

(11:05 AM till 01:15 PM)

- Moderators** *Dr. Apsia Ruhi, Dr. Idrees Mubarik*
- 11:05 - 11:25** Obesity and Precision medicine. **Dr. Ihab El Tayeb**
- 11:25 - 11:45** Triple protection of Empagliflozin across the cardiorenal metabolic syndromes. **Dr. Abdul Jabbar**
- 11:45 - 12:05** Cardiometabolic approach to management of T2D: current evidence for GLP 1-RA in patients with ASCVD. **Dr. Ali Dibbiat**
- 12:05 - 12:25** Challenges in Dyslipidemia Management. **Dr. Sundar Kumar**
- 12:25 - 12:45** Time in the range: the missing piece to glucose control. **Dr. El Elamin Abdelgadir**
- 12:45 - 12:05** Emerging Therapies for Obesity 2024. **Dr. Zara Sater**
- 01:05 - 01:15** Panel discussion
- 01:15 - 01:45** **Lunch Time**

SESSION (3)

(01:45 PM till 04:30 PM)

- 
Moderators

Dr. Rahila Bhatti, Dr. Ihab El Tayeb
- 
01:45 - 02:05

Post-bariatric hypoglycemia **Dr. Haitham Sawalmeh**
- 
02:05 - 02:25

Osteoporosis management from a rheumatological point of view **Dr. Ahmed Negm**
- 
02:25 - 04:15

Endocrine Grand round (12 unique cases)
Dr. Sarah Alam
Dr. Yosra Hasni
Dr. Apsia Ruhi
Dr. Doaa El wasly
Dr. Elameen Abdelgadir
Dr. Aswin Panakajakshan
Dr. Iryna Shatokhina
- 
04:15 - 04:30

Panel discussion

SESSION (4)

(04:30 PM till 05:25 PM)

- 
Moderators

Dr. Yosra Hasni, Dr. Zara Sater
- 
04:30 - 04:50

Diabetes insipidus renaming **Dr. Idrees Mubarik**
- 
04:50 - 05:10

An Update from European Congress of Obesity Venice Italy 2024 **Dr. Rahila Bhatti**
- 
05:10 - 05:25

Panel discussion
- 
05:25

Closing



AL ANDALUS EVENTS ORGANISING
& MANAGING L.L.C

Contact Us

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